

The brides are
coming! Man,
woman and
child join in!

- Live Music
- Local DJs
- Competitions
- Beauty Treatments
&
much much
more!



Saturday 25th June 2011

Get engaged with your health and join our fancy dress wedding themed 5k fun walk. It's for people of all ages and fitness levels...the chance for you and your friends to have a fun day out and improve your lifestyle. Get a Big Big Day planner, get into shape and put your dress on – **yes, men too!** Registration is £5 per person with group discounts available & free for under-12s.

For your £5 you will receive your BIG Big Day Planner, a goody bag and part of your fancy dress outfit!

Chose the location nearest to you:

- **Cheshire** - Delamere Forest
- **Cumbria** - Sheeppmount Stadium
- **Greater Manchester** - Heaton Park
- **Lancashire** - Williamson Park
- **Merseyside** - Croxteth Park.

Register now by visiting
www.bigbigday.org.uk
or call our low cost number on
0845 309 6254.

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